

THE POST

THE LATEST NEWS FROM EMBRACE EQUINE MINISTRY

www.embraceequineministry.org

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Upcoming Events

AUGUST 2019

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SEPTEMBER 2019

-EMBRACE Staff Retreat

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EMBRACE: Officially EAP Certified

By Samantha Means



Men and women from all over the United States came to north Idaho to participate in Unbridled's Faith Based Equine Assisted Philosophies seminar taught by Elaine Davis. A branch of Greg Kersten's O.K. Corral series, the founder of EAGALA, Elaine Davis has spent the last several years working with Greg to create a faith-based branch of his equine assisted learning techniques.

EMBRACE partnered with C&C Horsemanship to host the event up in Rathdrum, Idaho. The three-day seminar taught how natural horse and herd behavior can be a highly effective tool to help individuals, families and teams.

EMBRACE has been a sister ministry to Crystal Peaks' Youth Ranch in Bend, Oregon for several years (www.crystalpeaksyouthranch.org). Crystal Peaks also uses the FBEAP model in their work with troubled youth. Not only does the FBEAP certification allow for more precise and

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intentional help for those struggling to see how the lies they believe affect their everyday life and relationships, it also offers a physical representation of how we are designed to operate in unity. By observing horse and herd behavior, regardless of whether the horses are papered or a wild mustang, individuals and teams are able to identify methods and behaviors in their own life that have not been effective and why. Additionally, they're able to see what is effective and how to implement it personally and professionally. By working with the horse, and each other, growth happens in a wholly unique way.

"Horses cannot lie," said Elaine Davis. "They tell on you every time." By observing what the client is doing, what the client is saying, and what the horse is doing, EAP facilitators are able to ask questions that allow the Holy Spirit to shine a light on the lies clients are believing, and then to reveal the truth. "The truth is what sets people free," Elaine continued.

EMBRACE plans to host another certification seminar with Elaine Davis in 2020 with a specific focus on addressing trauma. Anyone can participate in this training. More details will come in the future. If you'd like to volunteer with EMBRACE, or know someone who could benefit from equine assisted learning, contact EMBRACE staff (see page 3).

GOLDEN MOMENT

"Overcoming Fear"



Art, Colleen & Nara, 2019 © EMBRACE

Each month the Post will feature a favored photo from one of our many horse sessions.

Erica and Deuce, 2019 © EMBRACE



ERICA'S TESTIMONY

“I have learned so many lessons since coming here. The teamwork, acceptance, change... I would definitely recommend it to people because it's made my life ten times better. The horses are like a different kind of tactile learning. It's better for active minds like mine—I learn by doing. I got to figure out what choices I can and can't and need to make by throwing hoops on a cone or going between poles. It's a really wonderful way to learn and it's changed my life for the better. It's given me a perspective of God in my life and a little bit, okay, a lot of faith where I was losing it. And I got to meet the loveliest ladies. I love (them all) with my whole heart.”

WHEN do we need you:

Thursdays, March—November 2019
Serving women from UGM
 11am—4:00pm

Tuesdays, March—November 2019
Serving youth in substance abuse recovery
 11am—4:00pm

WHO are we looking for:

- 2 Horse Session Leaders
- 2 Craft Leaders, supplies & projects provided
- 2 Childcare wranglers, kids ages <1 to 4 years

Call our volunteer coordinator, Becca Ward: 208-920-3422
 or fill out a Volunteer Application on our website!

Volunteers Make the Difference

WE NEED YOU



EMBRACE BOARD & STAFF

PRESIDENT | Renae Buck
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BECOMING PARTNERS

Each month one of our staff will provide a horse training tip and reflection.

Just Breathe and Pray | By Colleen Ripatti

I have been blessed to have worked with so many different horses in my life. Each one is somewhat similar, and yet they all have very different personalities. One of the first things I do when I meet a new horse that comes in for training, is go into their stalls, put my hands on them, and just breathe and pray. What am I praying about?

Well, I know that my heavenly Father created this horse and loves this horse. I also know He loves me even infinitely more, so I start asking God to show me about this creature of His. How does this horse need me to work with him? Is he fearful, brave, insecure, or ready for anything?

Then I ask the Father to help me to be the trainer THIS horse needs me to be. I ask Him to allow me to be humble enough to change the way I normally do things, and do just what is needed for this horse and me to grow and change. I also pray for God to bless us with success in our endeavor.

I have revolutionized my training by simply slowing down to breathe with and pray for the horse. As with many of my life lessons, God has shown me this first with the horse and then told me, "That is exactly how I want you to do it with my people as well." So this is my motto for ministry, too!

Training Tip:

Breathe and pray! Before you start with your horse, during the work, and after the work: pray.

"Make your life a prayer." - 1 Thessalonians 5:17, TPT