



# THE POST

THE LATEST NEWS FROM EMBRACE EQUINE MINISTRY

[www.embraceequineministry.org](http://www.embraceequineministry.org)

MARCH 2019

ISSUE NO. 1

## Upcoming Events

### MAY 2019

-Flower Fundraiser, May 10

### JUNE 2019

-Horse Camp, ages 7-12

### JULY 2019

-Horse Camp, ages 12-18

-FBEAP Certification Seminar by Unbridled Faith

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# EMBRACE is Getting EAP Certified

*By Samantha Means*

Since 2015 EMBRACE has operated to help participants bring relationships alive through a Christ-centered experience. The experiences provided by our ministry has been largely Holy Spirit led through sessions designed by staff with decades of horse experience and discipleship. While our methods have been highly effective, the continual flow of participants with dual mental diagnosis and in various stages of substance abuse recovery has led our staff to seek higher training in order to better serve future participants with even more intentionality.

There are several variations of Equine Assisted Psychotherapy, or EAP, and not all of them are the same. Equine Assisted Growth and Learning Association (EAGALA) and the Professional Association of Therapeutic Horsemanship (PATH) are among the largest and most popular associations, but EMBRACE has elected to take a different, though equally reputable, avenue more appropriate for our ministry and mission.

After extensive research and interviews, EMBRACE has elected to obtain the Faith-Based Equine Assisted Philosophies (FBEAP) certification through Unbridled Faith ([www.unbridledfaith.org](http://www.unbridledfaith.org)), similar to our sister ministry, Crystal Peaks Youth Ranch in Bend, Oregon.

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This EAP model offers ground and certain mounted exercises, as well as experiential healing, deliverance, communication, teambuilding, and personal growth experiences. FBEAP offers techniques to teach individuals how to follow the leading of the Holy Spirit. Equine nonverbal communication, herd behavior, and equine development, demonstrate successful interaction as an example for human relations ([www.unbridledfaith.org/the-faqs/](http://www.unbridledfaith.org/the-faqs/)).

We are elated the founder of FBEAP, Elaine Davis, has accepted our offer to host a seminar. We are even more excited to open this opportunity for certification to the public! There is no physical or educational pre-requisite to attend this seminar and receive this certification, but at this time there is no option to audit the seminar. The seminar will take place over three full days, July 19, 20 and 21.

EMBRACE has operated under a 100% volunteer staff since its inception in 2015. Due to our limited budget, we are holding a fundraiser in order to increase the opportunity for all of our horse session leaders to obtain this certification. The more volunteer staff who have the ability to provide this certified therapeutic service to participants, the more people we can serve. For details about this fundraiser, cost of attending the seminar and more, visit our website, [www.embraceequineministry.org](http://www.embraceequineministry.org) and stay tuned for our April newsletter with updates!

## GOLDEN MOMENT

“The First Ride”



Kai, Roxy, & Julie Behnke (leader) 2019 © EMBRACE

*Each month the Post will feature a favored photo from one of our many horse sessions.*

# CURRENT NEEDS LIST

- Riding boots for participants; sizes 5-7 and 9-11
- Child saddle; regular horse tree, 13" seat (leather)
- PA system for fundraisers & events; \$500.00 | funds toward system
- High quality Digital SLR camera with video camera capabilities
- Funds toward cowboy Bibles (\$400 budget)

#### WHEN do we need you:

Thursdays, March—November 2019  
*Serving women from UGM*  
11am—4:00pm

Tuesdays, March—November 2019  
*Serving youth in substance abuse recovery*  
11am—4:00pm

#### WHO are we looking for:

2 Horse Session Leaders  
2 Craft Leaders, supplies & projects provided  
2 Childcare wranglers, kids ages <1 to 4 years



Call our volunteer coordinator, Becca Ward: 208-610-6011  
or fill out a Volunteer Application on our website!  
*Volunteers Make the Difference*

## WE NEED YOU



## WHITNEY'S TESTIMONY



Whitney & Deuce's Wild, 2018 © EMBRACE

"Me and this horse Deuce were going through this obstacle course and he was having a hard time getting over the teeter totter. He didn't trust me, he was scared, and I would be too. Within thirty minutes of trying to get over this obstacle, Deuce fully surrendered himself to me and trusted in me to get him over this obstacle. We got over this obstacle and me and Renae talked and she was a blessing. She told me if I fully surrendered myself to Christ that I wouldn't have to be scared to get over these obstacles that I've been so worried about getting over. EMBRACE is an amazing program for anybody and I truly love these women and I know they love me. EMBRACE has taught me that I can get over any obstacle in life. Not one thing in my life I can't get over. As long as I have faith, God's got me. EMBRACE has shown me that these women and these horses won't ever judge. They love me for me, and that's the most amazing thing that I could have ever asked for. I'm so glad to be a part of (EMBRACE), and to call them family because they are. They've shown more love to me than anyone in the world."



# Fundraiser Flower Sale!

We're selling hanging baskets for our ministry and 100% of the proceeds go directly to EMBRACE!

Order them quick before they're gone at [www.embraceequineministry.org](http://www.embraceequineministry.org)

Pick up is on selection on Friday, May 10th, 3:30 pm—6:30 pm

Pick up Location: 5058 N. Lancaster Rd. Hayden, ID



**\$35 each**  
**YOU PICK your hanging basket!**

Make your order and pay online at [www.embraceequineministry.org](http://www.embraceequineministry.org)

## EMBRACE BOARD & STAFF

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Samantha Means | photo credit  
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## Newest Members of EMBRACE

EMBRACE has been blessed to grow our horse session leaders and craft leaders from 2018. They serve as horse session leaders, craft leaders and a variety of other roles as well. We are so grateful for their desire to volunteer their time and resources to this ministry and we look forward to seeing how God is going to move through them for his glory! Be sure to check out our website for more detailed biographies about all of our ministry staff!

*Pam Trefts*



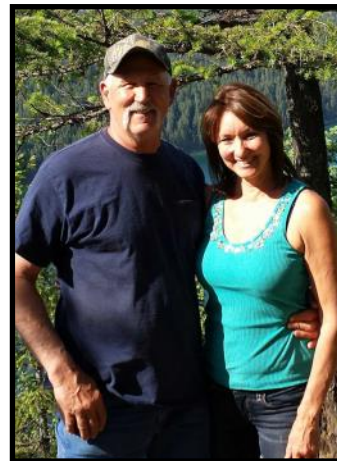
*Buffy Rennie*



*Amy Mort*



*Linda Cates*



# BECOMING PARTNERS

*Each month one of our staff will provide a horse training tip and reflection.*

*Created with a Purpose | By Renae Buck*

In the horse world today, many horses are bred for specific disciplines. Horses bred to jump love jumping, horses bred to run love running, and the horse bred for cows will, in most cases, love chasing cows! It comes naturally, and it's what they were designed to do.

Finding what your horse enjoys is not only fulfilling for you as a horsewoman or horseman, it's also enjoyable for your horse. Building a partnership with your horse requires they enjoy spending time with you. We've all seen horses that just don't like working in an arena, are scared to death on a trail, refuse to take a jump and run away from a cow as fast as they can; they'll even run backwards if they must! By exploring various activities with your horse and learning what he or she enjoys, you'll find what you like doing together. This will help create the best partnership possible and it will take your horsemanship to a whole new level. We spend way too much money and effort owning horses to miss out on the fulfillment that comes with true partnership with our horse.

Like many of the horse breeds that excel in specific areas of performing, we were also created with a specific purpose. God created us to excel at being daughters and sons of the king (Jeremiah 1:5; Luke 12:7). None of us is created the same (Psalm 139:1). He did, however, give us all a few shared purposes: to love him and to love others! Just as he created horses to run and graze, He created us to be sons and daughters, royalty with a spiritual inheritance unmatched on this earth.

Finding our individual, God-given purpose takes partnership and relationship with God himself. Finding what we are individually created for takes time and intentionality. God paid the ultimate price and laid down the life of his son (John 3:16) so we could have partnership and relationship with him as sons and daughters.

## Training tip for the month

Partnership with your horse or God comes by way of relationship and intentionality! You cannot substitute time and training outside of yourself to gain a partnership with your horse. A trainer can help you, but in the end, it takes each owner connecting with their own horse to create a partnership. No pastor can be a substitute for you in your relationship with God. We each must invest in a personal relationship with Him to truly experience a partnership with Him.



Renae Buck | Missy | 2018 © EMBRACE